Synthesis and Properties of Mono-, Di- and Trienoic Fatty Esters Containing a 12,13 Double Bond¹

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ABSTRACT

Methyl trans-12-octadecenoate-9,10-d₂ was obtained from methyl threo-12,13-dihydroxy-cis-9-octadecenoate by a sequence of reactions involving formation of an ethoxydioxolane, catalytic deuteration of the double bond, and conversion of the ethoxydioxolane group to an ethylenic bond, Methyl cis- and trans-12-octadecenoate-15,15,16,16-d, and methyl cis- and trans-12-octadecenoate-9,10,15,- $15,16,16-d_{\delta}$ were obtained from the Wittig coupling of hexyl-3,3,4,4d₄-triphenylphosphonium bromide with methyl 12-oxododecanoate and methyl 12-oxododecanoate-9,10-d2, respectively. The four geometrically isomeric methyl 12,15-octadecadienoates-9,10-d₂ were prepared by the Wittig reaction between cis- or trans-3-hexenyltriphenylphosphonium bromide and methyl 12-oxododecanoate-9,-10-d₂ with butyl lithium in ethyl ether. The Wittig reaction between hexyl-3,3,4,4-d₄-triphenylphosphonium bromide and methyl 12oxo-cis- or trans-9-dodecenoate was used to prepare the four geometric isomers of methyl 9,12-octadecadienoate-15,15,16,16-d₄, whereas the same reaction between cis- or trans-3-hexenyltriphenylphosphonium bromide and methyl 12-oxo-cis- or trans-9-dodecenoate afforded the eight geometrically isomeric methyl 9,12,15octadecatrienoates. In each case, the stereochemistry of the double bond formed in the Wittig reaction was controlled by choice of reaction conditions. Pairs of isomers formed during each synthesis were separated by partial silver resin chromatography. Physical constants presented include ¹³C nuclear magnetic resonance chemical shifts, melting points, equivalent chain lengths and percentage trans by infrared spectroscopy.

INTRODUCTION

For a number of years, we have been engaged in a study of the metabolism in humans of isomeric fats formed during the hydrogenation of soybean oil (1,2). For this purpose, deuterated analogs of many of these compounds have been synthesized by us (3-12). Various methods for preparing deuterated fatty esters have been reviewed (13). This paper will cover the preparation of deuterium labeled geometrical isomers of methyl 12-octadecenoate, methyl 12,15-octadecadienoate and methyl 9,12-octadecadienoate, since compounds with a double bond in the 12,13 position display especially significant metabolic characteristics (1). Our discussion will then extend to the preparation and properties of the eight geometrically isomeric methyl 9,12,15-octadecatrienoates since the ω -3 fatty esters are also of current metabolic interest.

PREPARATION

Preparation of Deuterated Methyl 12-Octadecenoates

The Wittig reaction was used in the synthesis of all the compounds except methyl *trans*-12-octadecenoate-9,10- d_2 . Reagents and products of the Wittig reactions are summarized in Figure 1. Methyl *cis*- and *trans*-12-octadecenoate-15,15,16,16- d_4 ,3, were obtained (6) from the Wittig

coupling of hexyl-3,3,4,4-d₄-triphenylphosphonium bromide, 1, with methyl 12-oxododecanoate, 2, in dimethylformamide solution with sodium methoxide. The mixture of *cis* and *trans* isomers that formed (86% *cis*) was separated by silver resin chromatography.

Larger quantities of *trans* isomer were obtained by isomerizing the *cis* isomer with nitrous acid (14). This gave a product mixture containing 81% *trans* isomer, which was separated by silver resin chromatography.

The reaction of the tetradeuterated phosphonium salt, 1, with a deuterated aldehyde ester, 4, methyl 12-oxododecanoate-9,10-d₂, afforded methyl *cis*- and *trans*-12octadecenoate-9,10,15,15,16,16-d₆, 5 (6). The isomers were separated on the silver resin column, and larger quantities of *trans* isomer were prepared by nitrous acid isomerization of the *cis* isomer followed by silver resin chromatography.

For the preparation of methyl trans-12-octadecenoate-9,10-d₂, a reaction described by Eastwood and coworkers (15,16) and applied to fatty acids by us (7) was used. Methyl threo-12,13-dihydroxy-cis-9-octadecenoate was treated with triethyl orthoformate and benzoic acid to form methyl 12,13-di-O-(ethoxymethylene)-cis-9-octadecenoate as shown in Figure 2 (6). Reduction of this compound with deuterium in the presence of Wilkinson's catalyst, $[(C_6H_5)_3P]_3RhCl$, gave methyl 12,13-di-O-(ethoxymethylene)-octadecanoate-9,10-d₂. Thermal decomposition of the dideutero compound at 210 C gave a mixture (93% trans) of methyl cis- and trans-12-octadecenoate-9,10-d₂ from which the trans isomer was separated by silver resin chromatography.

Preparation of Deuterated Methyl 9,12- and 12,15-Octadecadienoates

For the preparation of a methylene-interrupted diene by the Wittig reaction, one of the two reagents, the aldehyde ester or the phosphonium salt, must contain a double bond. Due to the propensity of β , γ -unsaturated aldehyde esters to isomerize to the α , β -unsaturated aldehyde ester, Bergelson and Shemyakin (17) recommended placing the double bond in the phosphonium salt. This recommendation was followed in the preparation of the methyl 12,15octadecadienoate-9,10-d₂ isomers, 9, (4).

cis- or trans-3-hexenyltriphenylphosphonium bromide, 8, (Fig. 1) was coupled with methyl 12-oxododecanoate-9,10-d₂, 4, in ethyl ether in the presence of butyl lithium to give the dienoic ester, 9. With the cis phosphonium salt, the product mixture contained ca. 80% 12c,15c and ca. 20% 12t,15c isomers. With the trans phosphonium salt, the product mixture contained ca. 80% 12c,15t and ca. 20% 12t,15t isomers. These binary mixtures were readily separated by partial silver resin chromatography (18).

We required substantial amounts of all the isomers.

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Phosphonium Salt (R = CH ₃ CH ₂ —)	Aldehyde Ester (Q = $-(CH_2)_7COOCH_3$)	Product (R = CH ₃ CH ₂ -; Q = -(CH ₂) ₇ COOCH ₃)
	OHCCH2CH2CH2Q	$RCD_2CD_2CH_2CH = CHCH_2CH_2CH_2Q$ c and t
	2	3
$RCD_2CD_2CH_2CH_2PPh_3^{\oplus}Br^{\ominus}$	OHCCH ₂ CHDCHDQ	$RCD_2CD_2CH_2CH$ CHCH $_2CHDCHDQ$ c and t
1	4 ∼	5.
	OHCCH ₂ CH==CHQ c or t §	$\begin{array}{c} \operatorname{RCD}_2\operatorname{CD}_2\operatorname{CH}_2\operatorname{CH} \Longrightarrow \operatorname{CHCH}_2\operatorname{CH} \Longrightarrow \operatorname{CHO}\\ c \text{ or } t & c \text{ and } t\\ & & \mathcal{I} \\ \end{array}$
	OHCCH2CHDCHDQ	
$\begin{array}{l} RCH{=\!$	<u>4</u>	cort canot 9.
8	OHCCH ₂ CH=CHQ c or t g	RCH==CHCH ₂ CH==CHCH ₂ CH==CHQ c or t c and t c or t 10

FIG. 1. Fatty esters synthesized via Wittig reaction.

Nitrous acid isomerization of either of the reaction mixtures would yield a complex mixture containing all four isomers. This mixture could not be completely separated because it is not possible to separate the components in a ct/tc mixture by silver resin chromatography.

Anderson and Henrick (19) have demonstrated a method for increasing the percentage of *trans* bonds formed during the Wittig reaction. Their method involves partial equilibrium of the relatively unstable betaine intermediate at -40 to -70 C in the presence of methanol or ethanol. This procedure was used (4) to obtain 60-65% trans geometry in the double bond generated in the Wittig reaction. In this way we were able to prepare synthetically useful amounts of the 12t, 15c and the 12t, 15t isomers.

Adlof and Emken (3) prepared methyl cis-9,cis-12octadecadienoate-16,16,17,17-d₄ by the Wittig coupling between methyl 9-oxononanoate (available from the ozonization of methyl oleate) and cis-3-nonenyl-7,7,8,8d₄-triphenylphosphonium bromide. This deuterated phosphonium salt was obtained by a seven-step synthesis from 3-pentynol and involved an acetylenic coupling in liquid ammonia and a Lindlar reduction. As a consequence, the 9c,12c isomer was accompanied by ca. 10% of the other three isomers. These contaminants were removed by partial silver resin chromatography.

To obtain all four isomers in synthetically useful amounts,

we developed a synthesis based on our experience in preparing the 12,15-isomers. Hexyl-3,3,4,4-d₄-triphenylphosphonium bromide, 1, (Fig. 1) was coupled, in the presence of butyl lithium in tetrahydrofuran, with methyl 12-oxocis- or trans-9-dodecenoate, 6, to give mixtures containing 9c,12c and 9c,12t or 9t,12c and 9t,12t-octadecadienoates-15,15,16,16-d₄, 7. The relative percentages of the isomers in each binary mixture were varied by controlling the temperature of the Wittig reaction as described for the synthesis of the 12,15 isomers. In this way, all four isomers were obtained.

Problems involved in working with the unsaturated aldehyde ester will be discussed later.

Preparation of Methyl 9,12,15-Octadecatrienoates

Intermediates prepared for the synthesis of methyl 9,12and of methyl 12,15-octadecadienoates can also be used to prepare all eight geometrically isomeric methyl 9,12,15octadecatrienoates, as shown in Table I.

Each reaction yields a mixture of only two isomers, which can be separated on a 60% Ag/Na silver resin chromatography column (70% Ag/H for the *ttt,tct* separation). The preparation of these binary mixtures, 10, was accomplished (5) by treating *cis*- or *trans*-3-hexenyltriphenylphosphonium bromide, 8, (Fig. 1) with methyl 12-oxo-*cis*- or *trans*-9dodecenoate, 6, with butyl lithium in tetrahydrofuran.

TABLE I

Binary Mixtures from Geometrically Isomeric Reactants

Configurations in:						
Aldehyde ester	Phosphonium salt	Methyl 9,12,15-octadecatrienoate				
cis	cis	ccc and ctc				
trans	cis	tcc and ttc				
cis	trans	cct and ctt				
trans	trans	tct and ttt				

CH₃(CH₂)₄CHOHCHOHCH₂CH=CH(CH₂)₇COOCH₃ + HC(OC₂H₅)₃ + C₆H₅COOH 120°→



FIG. 2. Synthesis of methyl trans-12-octadecenoate-9,10-d₂.



$$\frac{H_2 O - CH_3 CN}{HCI} \rightarrow O = CH(CH_2)_{10}COOCH_3$$

FIG. 3. Synthesis of methyl 12-oxododecanoate.

The relative proportions of the components of each mixture were varied as in the preparation of the isomeric dienes.

Preparation of Aldehyde Esters

Methyl 12-oxododecanoate was obtained from the ozonolysis of cyclododecene (6), (Fig. 3). Cyclododecene was ozonized in glacial acetic acid. Reaction of the viscous mass with acetic anhydride and sodium acetate in glacial acetic acid formed the aldehyde acid, which was converted to the acetal ester on reaction with trimethyl orthoformate. Acid hydrolysis then yielded the aldehyde ester.

Methyl threo-12,13-dihydroxy-cis-9-octadecenoate (methyl dihydroxyoleate) obtained from Vernonia anthelmintica seed oil (6,20) was used as a starting material for the other aldehyde esters required. Vernonia oil contains about 79% of glycerides of vernolic acid, 12,13-epoxy-cis-9octadecenoic acid. Acetolysis and saponification of the oil yields a mixture of dihydroxyoleate and nonhydroxy esters. The methyl dihydroxyoleate is separated most conveniently by reverse-phase high performance liquid chromatography (HPLC) on a Waters Associates Prep Pak-500/C18 column with the solvent system acetonitrile/ water = 90:10.

Methyl 12-oxododecanoate-9,10- d_2 , 4, was obtained (4, 6) from methyl dihydroxyoleate, 11, as shown in Figure 4. Deuterium was added to dihydroxyoleate, 11, in the presence of Wilkinson's catalyst, { $(C_6H_5)_3P_3$ RhCl. Periodic acid cleavage of the dihydroxydideuterostearate, 12, gave the desired aldehyde ester, but this material trimerized in the receiver of the distillation apparatus (6). Numerous attempts to prevent this trimerization were unsuccessful, and this approach was abandoned when it was found that cleavage with lead tetraacetate (generated *in situ* from red



FIG. 4. Preparation of aldehyde esters.



FIG. 5. Synthesis of *cis*- or *trans*-3-hexenyltriphenylphosphonium bromide.

lead and acetic acid) would give the desired aldehyde ester, 4, without trimerization.

Methyl 12-oxo-cis- or trans-9-dodecenoate, 13, was obtained by periodic acid oxidation below 6 C (21) of methyl 12,13-dihydroxy-cis- or trans-9-octadecenoate, 11 (Fig. 4). (The trans-dihydroxy ester was obtained by nitrous acid isomerization (20) of the naturally occurring cis isomer.)

Oxidation at room temperature yields predominantly the conjugated aldehyde ester, methyl 12-oxo-trans-10dodecenoate. The nonconjugated aldehyde ester isomerizes partially during silica gel chromatography or ordinary distillation. It may be distilled without isomerization in a falling film molecular still (0.05 torr, refluxing xylene). The extent of isomerization cannot be determined by gas liquid chromatography because the aldehyde ester conjugates partially in the gas chromatograph. It can, however, be measured by infrared spectroscopy since, in the nonconjugated aldehyde ester, the two carbonyl bands overlap at ca. 1740 cm⁻¹, whereas in the conjugated aldehyde ester, two bands of equal and large intensity (at 1740 cm⁻¹ and 1690 cm⁻¹) are obtained. The presence of 5% conjugated isomer in nonconjugated aldehyde ester can easily be detected.

Preparation of Phosphonium Salts

The cis- or trans-3-hexenyltriphenylphosphonium bromide, 8, was obtained from cis- or trans-3-hexenol (4) as shown in Figure 5. The ethylenic alcohol was converted to the bromide by reaction with triphenylphosphine dibromide in dimethylformamide (22) or, more conveniently, in dichloromethane (3). The phosphonium bromide was obtained by reaction of the unsaturated bromide with triphenylphosphine in acetonitrile. Reaction in xylene gives an unidentified product that does not undergo a Wittig reaction.

3-Hexynol served as the starting material for the preparation of hexyl-3,3,4,4-d₄-triphenylphosphonium bromide, 1. The acetylenic alcohol was converted to the tetrahydropyranyl ether to obviate exchange with the hydrogen of the hydroxy group during deuteration in the presence of $[(C_6H_5)_3P]_3RhCl$. The hexyl-d₄-tetrahydropyranyl ether thus obtained contained 94% d₄. The saturated THP ether was converted to the iodide by the method of Stone and Shechter (23) or to the bromide as shown in Figure 5. The halide was converted to the phosphonium halide by refluxing with triphenylphosphine in xylene.

PROPERTIES

 13 C NMR chemical shifts for the four isomeric methyl 12,15-octadecadienoates-9,10-d₂ are presented in Table II and for the eight geometrically isomeric methyl 9,12,15-octadecatrienoates in Table III. The chemical shifts of the isomeric 9,12-18:2 isomers and of the 12-18:1 isomers have already been published by others (24,25).

The chemical shifts for all carbons are what would be calculated using the parameters available in the literature (24,25). Each of the $12,15-18:2-d_2$ isomers and each of the 9,12,15-18:3 isomers has unique chemical shifts which

TABLE II

Observed Chemical Shifts^a for the Isomeric Methyl 12,15-Octadecadienoates-9,10-d₂

						Carbon n	umber						
Isomer ^b	1	2	3	4-10	11	12	13	14	15	16	17	18	осн,
12c,15c-18:2 12t,15c-18:2 12c,15t-18:2	174.30 174.30 174.30	34.18 34.12 34.18	25.02 25.02 25.02	29.31-29.51 29.44 29.31-29.57	27.17 32.43 27.04	130.24 130.83 130.50	128.03 128.36 127.84	25.61 30.35 30.48	127.51 127.25 127.51	131.80 132.06 132.38	20.60 20.47 25.61	14.30 14.30 13.84	51.41 51.34 51.41
12t,15t-18:2	174.30	34.18	25.02	29.31-29.96	32.50	131.15	128.68	35.68	127.77	132.58	25.61	13.91	51.41

^appm Downfield from $(CH_3)_4$ Si.

^bThe abbreviation for a given compound in this table follows the pattern pg-N:d where d is the number of double bonds in a fatty acid chain of N carbons while p is the position and g is the geometry (*cis* or *trans*) of the double bond(s).

TABLE III

Observed Chemical Shifts for Selected Carbons of the Isomeric Methyl 9,12,15-Octadecatrienoates

Isomer	Carbon number										
(9,12,15)	8	9	10	11	12	13	14	15	16	17	18
 c.c.c	27,25	130.30	127.85	25.70	128.35	128.35	25.60	127.20	132.00	20.60	14.25
c.c.t	27.20	130.25	127.90	25.60	128.60	128.10	30.40	127.20	132.55	25.50	13.75
c.t.c	27,20	130,55	127.75	30.45	128.90	128.95	30.35	127.10	132.25	20.55	14.30
t.c.c	32,50	130,90	128,00	30.45	128.15	128.60	25,50	127.25	131.90	20.55	14.25
t.t.c	32.50	131.10	128.55	35.55	129.15	129.10	30.30	127.05	132.20	20,50	14.25
t.c.t	32.60	130.95	128.30	30.45	128.40	128.40	30.45	127.30	132.55	25.60	13.90
c.t.t	27,15	130.45	127,70	30.45	129.05	129.15	35.55	127,55	132.70	25.55	13.85
t,t,t	32.45	131.15	128.60	35.50	129.40	129.40	35.55	127.55	132.75	25.50	13.75

TABLE IV

Equivalent Chain Lengths of Methyl Monoenoates and Dienoates

				lsomer				
	9,12	2-18:2	12,1	5-18:2		12-	18:1	
Configuration	d_0^a	d ₄	d_0^a	d ₂	d_0^a	d ₂	d4	d ₆
с					18.75	18.74	18.72	18.70
t					18.54	18.52	18.50	18.48
cc	19.51	19.46	19.81	19.79				
tc	19.40	19.36	19.62	19.59				
ct	19.32	19.27	19.52	19.49				
tt	19.13	19.09	19.32	19.29				

^aReference 26.

TABLE V

Properties of Methyl 9,12,15-Octadecatrienoates

Isomer (9,12,15)	ttt	tct	ctt	ttc	cct	tcc	ctc	ccc
ECL values	19.93	20.12	20.11	20.23	20.20	20.38	20.39	20.52
R _f values	0.52	0.48	0.46	0.46	0.41	0.40	0.35	0.31
% trans	258	175	165	165	95	100	78	
mp	-3.5	-45.5	43.5	-50.5	60	57	-52	-57
							β'-54.5	

may be used to identify it.

The chemical shifts are the same for the ethylenic carbons of the 12,13 double bond in 9,12,15-18:3 when the configurations of the 9,10 and 15,16 double bonds are the same, reflecting similar magnetic influence on these carbons.

Equivalent Chain Lengths

Equivalent chain lengths for methyl 12-octadecenoates and for the 9,12 and 12,15-octadecadienoates are presented in Table IV. It is apparent from these tables that the deuterated isomers elute more rapidly from the Silar 10C column than do the undeuterated isomers and that the difference in equivalent chain lengths (ECL) is proportional to the number of deuterium atoms; it is ca. 0.01 ECL unit for each deuterium atom. We thus confirm with specifically deuterated pure fatty esters on Silar 10C the observation of Patton and Lowenstein (27) on EGSSX with mixtures of deuterated fats produced by perfused rat livers that relative retention times of deuterated and nondeuterated fatty acids are inversely proportional to the average number of deuterium atoms.

Scholfield (26) has reported ECL values for the isomeric methyl 9,12,15-octadecatrienoates, but since he had complex mixtures and identification was based on relative



FIG. 6. Gas liquid chromatogram of a mixture of all isomeric methyl 9,12,15-octadecatrienoates on a 50 m \times 0.25 mm id Silar 10C Quadrex glass capillary column. Column temperature 170 C.

TABLE VI

	Melting Points ((C) by	DSC of Isomeric Methy	yl Monoenoates and	Dienoates
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18:2-d ₄	18:2-d ₂	12t-18:1	No. of D atoms	12c-18:1
$\begin{array}{cccc} 9c,12c & -44.5\\ 9c,12t^{a} & -45.5\\ 9t,12c^{b} & -31.5\\ 9t,12t & -12.5 \end{array}$	$\begin{array}{rrrr} 12c,15c & -25.5\\ 12c,15t & -17\\ 12t,15c & -14\\ 12t,15t & -2.5\end{array}$	15.5 11.5 13	$\begin{array}{c} d_2 \\ d_4 \\ d_6 \end{array}$	-10.5 -3 -3

^aAlso, -51 C.

^bAlso, -33.5, -39 C.



FIG. 7. Thin layer chromatogram of methyl cis- and trans-9-octadecenoate (lane 1), methyl 9,12,15-octadecatrienoates (lane no., configuration of 9,12,15) 2,ttt; 3,tct; 4,ctt; 5,tcc; 6,cct; 7,tcc; 8,ctc; 9,ccc, and a mixture of them (M, 10 μ L). Silica gel 60 F254 plate impregnated with AgNO₃. Solvent system: benzene ethyl ether = 85.15.

position in countercurrent distribution and on comparison with values published by Ackman and Hooper (28) for Silar 5CP, some of the assignments were tentative. Our results agree closely (within 0.01 unit) for four of the isomers and differ for the other four. Our results are presented in Table V.

Figure 6 is a gas liquid chromatogram of a mixture of all the isomers on Silar 10C. The eight isomers give six peaks, two of which are not completely separated. The assignments of the various compounds to the various peaks is based on the ECL of these peaks compared to the ECL in the binary mixtures. It is interesting to note the symmetry in the elution pattern: *ttt, tct, ctt, ttc, cct, tcc, ccc. A trans* on one side of the pattern is matched by a *cis* on the other side. This results in one peak containing both a mono *trans* and a di *trans.* This fact was recognized, but the compounds were not identified by Strocchi and Piretti (29).

Melting Points

Melting points were determined by differential scanning calorimetry and were read to 0.5 C. The results obtained with the monoenoic and dienoic esters are presented in Table VI and those with the trienoic esters in Table V. In all cases, as expected, the all *trans* isomer has the highest melting point.

Percent trans by Infrared

Percent *trans* of the various isomers was determined by the method of Allen (30). In this procedure methyl *trans*-9-octadecenoate is assigned the value 100% *trans* and other esters are compared with it. On this basis previous investigators (31) have reported a value of 166% *trans* for a *trans,trans* diene and 85% *trans* for a *cis,trans* diene. Our results for the diene isomers are consistent with these observations. The results for the isomeric trienes are presented in Table V. The value for the *ttt* isomer is ca. $3 \times$



FIG. 8. Separation of 117 mg of 2:1 mixture of methyl *ttt* and *tct*-9,12,15-octadecatrienoates on a 0.67 × 70 cm column of XN1010 (60/80 mesh) 70% Ag/H. Eluent, methanol, 1 mL/min. Jacket temperature 30 C.

85% and that for the di trans, mono cis isomers is ca. $2 \times 85\%$. The values for the mono trans, di cis isomers seem to be furthest from what would be predicted.

Thin-Layer Chromatography

Figure 7 is a picture of a thin layer chromatogram of all the isomeric trienes and a mixture of them on AgNO3impregnated Silica Gel 60F254. The mixture of all eight isomers gives four spots corresponding to the tri trans, the di trans, the mono trans and the all cis isomers. The 9t, 12t,15t isomer has the same R_f as methyl oleate and its presence could easily be undetected in a sample containing methyl oleate.

The R_f values as well as other properties of methyl 9,12,15-octadecatrienoates are presented in Table V. The order of the equivalent chain lengths, the TLC R_f values and the % trans parallel each other, reflecting the fact that all three properties depend on the dipole moments of the molecules.

Silver Resin Chromatography

Binary mixtures of methyl 9,12-octadecadienoate-15,15,-16,16-d₄ and binary mixtures of methyl 12,15-octadecadienoate-9,10-d₂ geometric isomers were separated on an XN1010 resin column in which 91% of the sulfonic acid protons had been replaced by silver ions (18). Binary mixtures of methyl 9,12,15-octadecatrienoate isomers were separated on an XN1010 column in which the sulfonic acid protons had first been replaced by sodium ions and then 60% of the sodium ions had been replaced by silver ions (4). For the *ttt,tct* separation, better results were obtained with a 70% partially silvered resin column. This separation is shown in Figure 8.

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